**Peer Counseling 1**

**Second Nine Week Assignment Introduction**

When peer mediating, it is important to actively listen. Active listening includes your body language (example making good eye contact, leaning forward, not crossing your arms, etc.). Using active listening skills is the only way to get the whole story. This is important even when communicating with a friend or anyone else, not just in peer mediation.

During these 9 weeks you will practice your active listening skills by reading handouts, watching videos, completing worksheets and practicing the “art of peer mediation

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| **Watch the following videos. Take notes in your notebook on both videos and summarize what it means to actively listen.**    **Active Listening: Katie Owens at TEDxYouth@Conejo**  [**https://youtu.be/WER63AY8zB8**](https://youtu.be/WER63AY8zB8)  **Everybody Loves Raymond Uses Active Listening**  [**https://youtu.be/4VOubVB4CTU**](https://youtu.be/4VOubVB4CTU) | **January 8th**  **Two Grades**   1. **Notes** 2. **Summary of active listening**   **\*\* May Skip if you went to the training after school\*\*** |
| **Active Listening worksheet** | **Due: January 8th** |
| **Peer Mediation Assisting Sessions** | **Ongoing** |

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